

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# February 2026

## Southgate Special Care- Main Lounge Programs



<p>10:15-10:30 Morning Worship Songs 10:30-11:00 Old Time Dance Quiz and Reminiscing Questions 11-11:30 Sporting Humor/Winter Sports Videos (YT) 11:30-11:45 Relaxing Piano Melodies 2:30 Worship Service (AUD) <small>Tu B'Shevat Begins</small></p> <p><b>1</b></p>	<p>10:15-10:30 Seated Exercises 10:30-11:30 BINGO 11:30-11:45 Julie Andrews Compilation Videos <b>2:30-3:30 Folk Music with James (C-Lounge)</b> 4:00-4:30 Animal World Trivia (YT) <small>Groundhog Day</small></p> <p><b>2</b></p>	<p>10:15-10:30 Musical Balloons <b>10:30-11:30 Artistic Expressions: I Love You Smore Card</b> 11:30-11:45 Guess the 1960's TV Show Theme Song (YT) 2:30 Communion Service (AUD) 4:00-4:30 Vera Lynn Sings (1977)</p> <p><b>3</b></p>	<p>10:15-10:30 Noodle Fitness 10:20-10:50 Pet therapy with Carol and Maylee (on unit) 10:30-11:00 Random Trivia <b>12:00 Valentine's Candlelight Luncheon (AUD)</b> 2:15-3:15 BINGO 3:15-3:45 Karaoke Sing along! 4:00-4:30 Person, Place or Thing?</p> <p><b>4</b></p>	<p>10:15-10:30 Chair Dancing Exercise 10:30-10:45 Positive Morning Affirmations 10:45-11:20 Chaplain Time 11:20-11:45 Finish the Phrase 2:15-3:15 Classic Toys BINGO 3:15-3:45 Shindig: Sixties Superstars (1964-1966) (YT) 4:00-4:30 Story wise</p> <p><b>5</b></p>	<p><b>10:15-11:45 Grandma's Kitchen: Hershey Kiss Cookies</b> 2:15-3:15 Bowling Alley (Sunroom) 3:15-3:45 The Nat King Cole Show (1957) 4:00-4:30 The Amazing True or False Game</p> <p><b>6</b></p>	<p>10:15-10:30 Seated Exercises 10:30-11:30 BINGO 11:30-11:45 Classic TV Bloopers from 1960's 2:15-3:15 Sensory Relaxation Spa 3:15 "Kenny Rogers, Live by Request"</p> <p><b>7</b></p>
<p><b>Super bowl Sunday</b> 10:15-10:30 Hymns with Lyrics <b>10:30-11:30 Artistic Expressions: Scriptures of Love Lacing Craft</b> 11:30-11:45 "NFL Most Embarrassing Moments" (YT) 2:30 Worship Service (AUD)</p> <p><b>8</b></p>	<p>10:15-10:30 Seated Exercises 10:30-11:30 BINGO 11:30-11:45 Beat Bobby Flay: Surf &amp; Turf Challenge <b>2:15-3:15 Spanish Club: "History of Salsa Music"</b> 3:15-3:45 Classic Hollywood Movies Reminisce 4:00-4:30 IN2L Games: Piggy Bankers</p> <p><b>9</b></p>	<p>10:15-10:30 Musical Balloons 10:30-11:15 Bowling Alley (Sunroom) 11:30-11:45 "Kids say the darndest things!" (YT) 2:30 Worship Service (AUD) 4:00-4:30 Let's Talk Cards</p> <p><b>10</b></p>	<p>10:15-10:30 Noodle Fitness 10:20-10:50 Pet therapy with Carol and Maylee (on unit) 10:30-11:30 BINGO <b>2:30-3:30 Musical Performance by Van Martin (C-Lounge)</b> 4:00-4:30 The Beatles Live in Australia (1964) (YT)</p> <p><b>11</b></p>	<p>10:15-10:30 Sit and Get Fit with Paul Eugene (YT) 10:30-10:40 Positive Morning Affirmations 10:45-11:20 Chaplain Time 11:20-11:45 Bible Trivia <b>2:15-3:15 Touch of Lavender with Shannon</b> 3:15-3:45 Funny Babies playing with dogs' video. 4:00-4:30 Rhyming Words</p> <p><b>12</b></p>	<p><b>10:15-11:45 Grandma's Kitchen: Strawberry Cheesecake Bites</b> <b>2:30 February Birthday with Randy Accardi (AUD)</b> 4:00-4:30 Hand/Shoulder Massages with Rose Scents</p> <p><b>13</b></p>	<p>10:15-10:30 Seated Exercises 10:30-11:00 Mad Libs: The Valentine's Day Treasure Hunt 11-11:30 Classic Love Songs <b>2:15-3:00 Artistic Expressions: Long Stem Rose Craft</b> 3:00-3:30 Comedy Classics: "Johnny Carson Animal Bloopers" (YT) 3:30-3:45 Romantic Phrases from Around the World <small>Valentine's Day</small></p> <p><b>14</b></p>
<p>10:15-10:30 Old Country Gospel Songs 10:30-11:00 Bocce Ball 11:00-11:30 Name that 50s Tune! (YT) 11:30-11:45 Café Jazz Music and Shoulder Massages 2:30 Worship Service (AUD)</p> <p><b>15</b></p>	<p>10:15-10:30 Seated Exercises 10:30-11:15 Word Association Game 11:15-11:45 "Every President's Favorite Food" (19 min.) (YT) 2:15-3:15 BINGO 3:15-3:45 Comedy Classics: "The Honeymooners" 4:00-4:30 President's Day Fun Facts and Trivia <small>Presidents' Day (U.S.)</small></p> <p><b>16</b></p>	<p>10:15-10:30 Musical Balloons <b>10:30-11:30 Artistic Expressions: Color Your Own Tote Bags</b> 11:30-11:45 Top 10 Dancers of All Time 2:30 Worship Service (AUD) 4:00-4:30 "Unwrapped, How Fortune Cookies Are Made" <small>Ramadan Begins Mardi Gras Chinese New Year (Year of the Horse)</small></p> <p><b>17</b></p>	<p>10:15-10:30 Noodle Fitness 10:20-10:50 Pet therapy with Carol and Maylee (on unit) 10:30-11:30 BINGO 11:30 Love Songs of the fifties <b>2:15-3:00 Artistic Expressions: Winter Tree Painting</b> 3-3:45 Pop Music TV Shows of Mid to Late 1960s 4:00-4:30 Pondering Prompts</p> <p><b>18</b></p>	<p>10:15-10:30 Chair Dancing Exercise 10:30-11:45 Positive Morning Affirmations 10:45-11:20 Chaplain Time 11:20-11:45 Hymn Sing 2:15-2:45 The Matching Game 3:15-3:45 American Bandstand (1969) (YT) 4:00-4:30 Spin the Wheel Game</p> <p><b>19</b></p>	<p><b>10:15-11:45 Grandma's Kitchen: Red Velvet Cupcakes</b> 2:15-3:15 Clothing Jingo 3:15-3:45 1950's One Hit Wonders and Hand Massages 4:00-4:30 Remember when....1950's fads, fashions, and cost of living book</p> <p><b>20</b></p>	<p>10:15-10:30 Seated Exercises 10:30-11:30 BINGO 11:30 Songs of Judy Garland 2:15 Afternoon Matinee: "Loving You", starring Elvis (1 hr., 41 min.) (YT) and afternoon Treats</p> <p><b>21</b></p>
<p>10:15-10:30 Caleb and Kelsey Christian Worship Songs 10:30-11:00 Ring Toss 11-11:30 The Best Chocolate Cake Recipe with the Preppy Kitchen (YT) 11:30-11:45 Acoustic Guitar Music and Hand Massages 2:30 Worship Service (AUD)</p> <p><b>22</b></p>	<p>10:15-10:30 Seated Exercises 10:30-11:30 BINGO 11:30-11:45 Ina Garten's Skillet Roasted Lemon Chicken <b>2:15-3:15 Chinese New Year Social with Margarita</b> 3:15-3:45 Gisele MacKenzie Sings Songs from Your Hit Parade #16 (YT) 4:00-4:30 Higher or Lower Game</p> <p><b>23</b></p>	<p>10:15-10:30 Musical Balloons <b>10:30-11:15 Drum Circle with Talia</b> 11:15-11:45 Doris Day Sings Songs from Movies 2:30 Worship Service (AUD) 4:00-4:30 Roll the Dice Game</p> <p><b>24</b></p>	<p>10:15-10:30 Noodle Fitness 10:20-10:50 Pet therapy with Carol and Maylee (on unit) 10:30-11:30 BINGO <b>2:30-3:30 Monthly Birthday Party (on unit) with Musical Performance by Christine DeLeon (C-Lounge)</b> 4:00-4:30 Guess the Food (YT)</p> <p><b>25</b></p>	<p>10:15-10:30 Dance Fitness with Paul Eugene 10:30-10:45 Positive Morning Affirmations 10:45-11:20 Chaplain Time 11:20-11:45 Masters Agility Dog Show Compilation <b>2:30 Catholic Mass (AUD)</b> 4-4:30 Bee Gees-One Night Only, Live in Las Vegas 1997</p> <p><b>26</b></p>	<p><b>10:15-11:45 Grandma's Kitchen: White Chocolate Cranberry Cookies</b> 2:15-2:45 Name 5 Game 2:45-3:30 Can Toss Game 3:30-3:45 Rick Steve's: Edinburgh (YT) 4:00-4:30 Three Letter Word Game</p> <p><b>27</b></p>	<p>10:15-10:30 Seated Exercises 10:30-11:00 What Am I? Riddles 11-11:45 Rick Steves' Travelogue: "Cruising the Mediterranean" (55 min.) 2:15-3:15 Rhyming Bingo 3:15 Life and Legacy of Artist: "Vincent van Gogh" (YT)</p> <p><b>28</b></p>